



West Dorset Swimming Club Licensed Level 3 December Open Meet Saturday/Sunday 1st/2nd December 2018	License Number: 3SW181943
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PROGRAMME OF EVENTS

Session 1:	Sat 1 st December	Warm up 14.00-14.45	Start 14.50
Event: 1.	200m Freestyle, Female, All Ages, HDW		
Event: 2.	50m Butterfly, Male, All Ages, HDW		
Event: 3.	50m Backstroke, Female, All Ages, HDW		
Event: 4.	200m Breaststroke, Male, All Ages, HDW		

INTERVAL

Session 2:	Sat 1 st December	Warm up 17.00-17.45	Start 17.50
Event: 5.	100m Breaststroke, Female, All Ages, HDW		
Event: 6.	100m Backstroke, Male, All Ages, HDW		
Event: 7	200m Backstroke, Female, All Ages, HDW		
Event: 8	50m Breaststroke, Male, All Ages, HDW		
Event: 9.	50m Freestyle, Female, All Ages, HDW		

Sunday 2nd December 2018

Session 3:	Sun 2 nd December	Warm up 09.10-09.55	Start 10.00
Event: 10.	200m Butterfly, Male, All Ages, HDW		
Event: 11.	100m Butterfly, Female, All Ages, HDW		
Event: 12.	100m Freestyle, Male, All Ages, HDW		
Event: 13.	100m Ind Medley, Female, All Ages, HDW		
Event: 14.	200m Freestyle, Male, All Ages, HDW		
Event: 15.	50m Butterfly, Female, All Ages, HDW		